



# TALON

TRIBUNE

October Edition:

## Fall Concert



On September 27, advanced orchestra, high school band, and symphony spread their talent at the Fall Concert. From classical music like Sinfonia by Mendelsshon to songs from Disney's Aladdin, the orchestra and band played enthusiastically and captivated the crowd. Baba Yetu moved the crowd as the HBBC students joined in to sing along with band. The students have been practicing since the beginning of the school year, and their hard work has definitely payed off. Some of the students were given solos, and they didn't fail to get our hearts soaring musically. Laurel Hughes amazed the crowd with her solo in Stars and Stripes along with Bryce Williams in Like a River Glorious. Heidi McGrew and Kevin Joung had people swaying in their seats as they played Waltz beautifully with their viola and cello. Brandon Lopez played a wonderful saxophone solo of A Whole New World from the movie Aladdin. Symphony played In the Hall of the Mountain King and had people sitting on the edge of their seats as the song gradually got faster. For the final end of the concert, Sebastian Castro astoundingly lead symphony with his oboe solo for the beginning of Bacchanale which is based off a story of Samson and Delilah. Mr. Dongon and Miss Schlarb has inserted a lot of effort for symphony to end on a great "note", and the students couldn't be grateful enough. We're all proud of the students and we can't wait to see the next concert.

By Maribelle Gonzalvo and Kylie McMillan

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## Senior Chapel: Peer Pressure

Don't do drugs, don't drink alcohol, and most importantly, stay in school. Any teenager or protective parent can you tell that, but when it comes to those "in the moment" situations, when everyone around you is doing it, you crack. On October 27th, the seniors gave an important message about peer pressure through songs, skits, and special testimonies by Daraven Perez and Christina Bae. The chapel reminded the student body that trying to be y that the singular goal of being "cool" is a slippery slope. In the last 15 minutes, Mr. Furnari spoke on identity. As high school students, we care most about our reputation; however, our identity at school has no eternal value. What's most important is who we are to God, for we're all created in His perfect image. As 2nd quarter begins, we as a student body must hold each other accountable, even when it's hard.

By Gavin Lee

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## NHS Opportunities

1. Aspiring to be a future filmmaker? Start out by taping games! In the Athletics Department, Mr. Noland is looking for students to record our volleyball games, soccer games, basketball games, you name it. For more details, check out the Athletic office in the Family Life Center.

2. Down in the Elementary Life Center, Mrs. Royston is looking for bright students willing to help her out. This may range from grading schoolwork to cutting out decorations or crafts for the children. As an Elementary teacher, there are sure to be a lot of fun activities for students to help out with.

3. If you're a student that comes early to school and has nothing to do, helping out in the mornings is a great way to earn your hours without having to prolong your school day. Also located in the Elementary Life Center, working for Mrs. Shallhorn will help wake you up in the morning and get ready for the day.

*\*For specific questions about time and days of the weeks, feel free to contact Ms. Bere or the teachers\**

By Karla Wong

“I personally want to apply how a wise person listens more than he or she speaks to absorb and use the wisdom learned to succeed. I shouldn’t make myself uncomfortable for the disappointment of others. I want to always be alert and stay true to myself.”

## “Power in Purpose”



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- Junior

“Power in Purpose” was the theme for the conference that inspired young ladies who were in attendance. On October 14, the St. Johns’ S Club invited Harvest, Tiyon, and Academy’s S Clubs to join a conference at GCC with guest speakers: Vanessa Williams, Ramona Jones, Jessica Barrett, Lina Leon Guerrero, and Lou Leon Guerrero.

They shared stories regarding their lives and the obstacles they faced that got them to where they are today. Throughout the conference, they had a Q & A panel with the speakers, and towards the end of the conference, they received a Keynote Speech from Lou Leon Guerrero.

The inspirational speeches given to the girls were relatable and easily applicable to their own lives.

“I personally want to apply how a wise person listens more than he or she speaks to absorb and use the wisdom learned to succeed. I shouldn’t make myself uncomfortable for the disappointment of others. I want to always be alert and stay true to myself,” says sophomore Vanessa Y. Kim.

“I definitely connected with the first speech by Vanessa Williams. Her motto was ‘Everything was Negotiable.’ I connected with this because I thought that everything is usually ‘set in stone,’ and because of that, the choices we make are sometimes not to our advantage. I learned that I can shape my future how I want it by fighting for it and not settling until I reach my goals,” added sophomore Megan Lopez.

“One thing they mentioned was trust your gut feeling when you’re not sure if something is wrong or right, and that related to me because that’s something I struggle with too,” says a junior.

The messages they wanted to stress was even though we face obstacles, we can use them as opportunities to advocate for ourselves and strive for gender equality. The closing statement they took home was “Obstacles bring Opportunities.”

By So Jung An

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## How to Survive College Apps

College Applications: those two words can flood any high schooler with a torrent of emotions—confusion, dread, despair, agony or even rarely, excitement.

So what is a college application? If you ask any of the seniors, I’m sure they would be able to give you an explanation, but what it basically means is that your high school life is coming to a close. This application is your gateway to college, and there are several steps that must be taken to fill out a solid application.

Number one: The Common Application. Most colleges accept the Common Application as a way of applying, but if you have a specific college in mind, make sure to check if they accept this method of applying. Others include the Coalition Application or an application with the college itself.

My advice for those of you who are juniors, sophomores, freshmen, and late-start seniors: Get started *now*. Keep track of your extracurricular activities, watch out for your grades, and attempt to discover what you want to do in life. If you have a certain career in mind, research colleges that specialize in those departments. Financial aid is a biggie. Make sure to find colleges with a good financial aid packet, and make sure to fill out the FAFSA. Look for scholarships. Doing these tasks can make a big impact on your college choice. It’s okay to be scared and unsure. You may not know what you want to do or where you want to be, but keep thinking about the future in front of you. And remember that ultimately, it’s all in God’s hands.

By Megan McCann

## Medical Club at One Love Pediatrics Clinic

On October 13, the Medical Club visited the One Love Pediatrics clinic located in upper Tumon and had the opportunity to meet Dr. Um, the owner of the clinic. Fourteen of the members toured around Dr. Um's clinic and learned about his daily routine and how a clinic works. Throughout the tour, members were able to ask Dr. Um questions. They learned that setting up a clinic is much more work than they thought. There was much consideration that went into setting up a clinic, and most people are hesitant in setting one up because of the amount of effort required to successfully open one. Dr. Um shared some emotional parts about being a pediatrician, especially when it came to the death of his patients. He also made mention of the new Medicaid system that has impaired the functionality of the clinic and made fiscal subjects the main topic of discussion. Dr. Um gave them advice on applying to college, residency, and owning a clinic.

Throughout this whole experience, members gained some interesting information about the clinic. "I've learned a lot of interesting things, but the one that really stood out to me was about the fridge that kept all the vaccines. It's worth more than half the expenses on what Dr. Um has put into his clinic," said junior Jack Qu. "Dr. Um told us that running a clinic is similar to running a business. He also told us the functions of each room and what is the difference between a clinic doctor and a hospital doctor," says a sophomore.

Overall, they had a great time bonding, and afterwards arranged future shadowing opportunities for club members. Hopefully, this experience inspires some of members to open up a clinic for themselves.

By So Jung An



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## October – Breast Cancer Awareness Month

The month of October isn't just all about wearing the scariest costume or getting the sweetest candy. It's also the month that we celebrate breast cancer awareness month. This year marks their 25th anniversary for the pink ribbon, a universal symbol for breast cancer awareness since 1992. In 1979, a woman in Iran used a yellow ribbon to silently support her husband at war. As years passed, a trend started when varieties of groups and charity organizations began to use colored ribbons to signify different causes. For years, women have suffered from unnoticed breast cancer. Fortunately since the 1980s, breast cancer has decreased by thirty-eight percent thanks to early detection. For women out there who may or may not be concerned for their health, it is beneficial to cultivate themselves and others about the signs and symptoms of breast cancer. You can present your support for breast cancer awareness by: donating your hair to those going through chemotherapy, wearing pink, running for the cure, attending fundraiser events, donating money, etc.

By Katherine Allen