HCA Menu – October 2026

BREAKFAST ITEMS AVAILABLE EVERY DAY:			
Acai Bowl	$7.00	Yogurt	$2.00
Breakfast Plate	$5.00	Cereal	$2.00
Breakfast Bagel	$4.00	HB Eggs	$1.50
Pancake	$2.00	Fruit	$1.00

LUNCH ITEMS AVAILABLE EVERY DAY:			
Hot Lunch-Set A	$7.50	Chicken Nuggets	$3.50
K3-K5 Hot Lunch	$5.00	Musubi	$3.50
Quick Lunch- Set B	$6.00	Hotdog	$3.50
Deli Sandwich	$6.00	French Fries	$3.00
Salad of the Day	$5.00	Steamed Rice	$2.00
Acai Bowl	$7.00	Fruit of the Day	$5:00

DAILY BREAKFAST PLATES:	
Monday – Fruit Pastry, Boiled Eggs, Sausage	$5.00
Tuesday – Pancakes, Scrambled Eggs, Bacon	$5.00
Wednesday – Fruit Pastry, Fried Eggs, Ham	$5.00
Thursday – French Toast, Scrambled Eggs, Sausage	$5.00
Friday – Fruit Pastry, Fried Eggs, Ham	$5.00

QUICK LUNCH (Set B): Weekly Rotation	
Monday – Yakisoba	$6.00
Tuesday – Arroz Caldo (rice porridge) w/ Toppings	$6.00
Wednesday – Build-an-Udon Bowl	$6.00
Thursday – Build-a-Chili Bowl w/ Rice	$6.00
Friday – Hand-made Pizza w/ Fries	$6.00

DRINKS:	
Boxed Juice/Milk	$1.25
Bottled Water	$1.25
Canned Juice/Tea/Coffee	$1.50
Bottled Juice (Aloe, Coconut Water)	$2.00
Gatorade/Vit. C	$3.50

SNACKS:			
Sherbet Push Pop	$2.00	Chips	$1.50
Ice Cream Sandwich	$3.00	Potato Stick Bowl	$2.50
Ice Cream Cup	$1.50		
TAKEOUT CONTAINER	$0.50	NO ID CARD FEE	$0.50

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 **HOT LUNCH:** Hawaiian Pork White Rice Hawaiian Mac Salad Fruits	2 **HOT LUNCH:** Spaghetti Garlic Bread Ceasar Salad	3
4	5 **HOT LUNCH:** Chicken Adobo White Rice Lumpia Fruits	6 **HOT LUNCH:** Roast Beef Mashed Potatoes Green Beans Dinner Rolls	7 **HOT LUNCH:** Fried Porkchops Garlic Fried Rice Mixed Vegetables Fruits	8 **HOT LUNCH:** Fried Fish White Rice Steam Vegetables Fruits	9 **HOT LUNCH:** Creamy Tomato Pasta w/ Chicken Garlic Bread House Salad	10
11	12 **COLUMBUS DAY** **No School**	13 **HOT LUNCH:** Chicken Tenders White Rice Steam Veggies Fruits	14 **HOT LUNCH:** Chicken Curry White Rice Potato Wedges Fruits	**15 HOT LUNCH:** BBQ Pork Plate Mac and Cheese Coleslaw Fruits	**16** **Jamaican Grill** **Senior Fundraiser**	17
18	**19 HOT LUNCH:** Sloppy Joe Flavored Fries Coleslaw Cookies	**20 HOT LUNCH:** Chicken Teriyaki White Rice Steam Bok Choy Fruits	**21 HOT LUNCH** Pork Adobo White Rice Lumpia Fruits	**22 HOT LUNCH:** Fried Parrot Fish White Rice Coleslaw Fruits	**23 HOT LUNCH:** Meaty Spaghetti Ceasar Salad Garlic Bread	24
25	**26 HOT LUNCH:** Chicken Tenders White Rice Stir-fry Vegetables Fruits	**27 HOT LUNCH:** Pepper Steak White Rice Steam Veggies Fruits	**28 HOT LUNCH:** Sweet and Sour Pork White Rice Fruits	**29 HOT LUNCH:** Beef Bulgogi White Rice Kimchi Noodles Fruits	**30 HOT LUNCH:** Lasagna Garlic Bread Italian Salad	31

Menu subject to change due to ingredient availability.

Note: Harvest Christian Academy is NOT a nut-free or shellfish-free campus. While most foods prepared in the cafeteria or H.U.B. do not contain nuts or seafood, there is the potential for cross contact and contamination. While Harvest Ministries' food service departments strive to identify ingredients that may cause allergic reactions, it cannot be guaranteed that every allergen in the food served will be identified and labeled.