



# HCA Menu – February 2023

## BREAKFAST ITEMS AVAILABLE EVERY DAY:

Breakfast Sandwich	\$3.50	Ramen	\$2.00
Fruit Smoothie	\$5.00	Cereal	\$1.00
Acai Cup	\$5.00	HB Eggs	\$1.00
Yogurt	\$2.00	Fruit	\$1.00
Donut	\$1.00	Oatmeal	\$1.00

## LUNCH ITEMS AVAILABLE EVERY DAY:

Hot Lunch-Set A	\$6.50	Chef's Salad	\$5.00
K3-K5 Hot Lunch	\$4.50	Fruit Smoothie	\$5.00
Quick Lunch- Set B	\$4.50	Deli Sandwich	\$4.00
Chicken Nuggets	\$3.00	French Fries	\$2.00
Hotdog	\$3.00	Steamed Rice	\$1.00
Musubi	\$3.50		

## DAILY BREAKFAST PLATES:

<b>Monday</b> – Fruit Pastry, Boiled Eggs, Sausage	\$4.00
<b>Tuesday</b> – Pancakes, Scrambled Eggs, Bacon	\$4.00
<b>Wednesday</b> – Fruit Pastry, Fried Eggs, Ham	\$4.00
<b>Thursday</b> – French Toast, Scrambled Eggs, Sausage	\$4.00
<b>Friday</b> – Fruit Pastry, Fried Eggs, Ham	\$4.00

## QUICK LUNCH (Set B): Weekly Rotation

<b>Monday</b> – Poke Bowl	\$4.50
<b>Tuesday</b> – Grilled Cheese w/ Fries and Tomato Soup	\$4.50
<b>Wednesday</b> – Build-an-Udon Bowl	\$4.50
<b>Thursday</b> – Build-a-Chili Bowl w/ Rice	\$4.50
<b>Friday</b> – Hand-made Pizza w/ Fries	\$4.50

## DRINKS:

Boxed Juice/Milk	\$1.00
Bottled Water	\$1.00
Canned Juice/Tea/Coffee	\$1.50
Bottled Juice (Aloe, Coconut Water)	\$2.00
Energy (Gatorade, Vit. C)	\$2.50

## SNACKS:

Sherbet Push Pop	\$1.00	Chips	\$1.00
Ice Cream Sandwich	\$2.00	Potato Stick Bowl	\$2.50

NO ID CARD FEE \$0.50

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1 HOT LUNCH:</b> Beef n Broccoli White Rice Spring Roll Mandarin Oranges	<b>2 HOT LUNCH:</b> Chicken Asado White Rice Cadillac Beans Churros	<b>3 HOT LUNCH:</b> Lasagna Caesar Salad Garlic Bread	4
5	<b>6 HOT LUNCH:</b> Hawaiian Pork White Rice Cole Slaw Dinner Roll	<b>7 HOT LUNCH:</b> Chicken Tenders White Rice Buttered Broccoli Peaches	<b>8 HOT LUNCH:</b> Teriyaki Chicken White Rice Mixed Veggies Mandarin Oranges	<b>9 HOT LUNCH:</b> Beef Taco White Rice Toppings Churros	<b>10 HOT LUNCH:</b> Chicken Alfredo Caesar Salad Garlic Bread	11
12	<b>13 HOT LUNCH:</b> Chicken Adobo White Rice Lumpia Pineapple	<b>14 HOT LUNCH:</b> Sloppy Joe French Fries Fruit Cocktail Cookie	<b>15 HOT LUNCH:</b> Beef Bulgogi White Rice Kimchi Salad Fruit Cocktail	<b>16 HOT LUNCH:</b> Chicken Fajita White Rice Cadillac Beans Churros	<b>17 HOT LUNCH:</b> Spaghetti Caesar Salad Garlic Bread	18
19	20 <b>NO SCHOOL</b>  Presidents' Day	<b>21 HOT LUNCH:</b> Chicken Tenders White Rice Buttered Broccoli Peaches	<b>22 HOT LUNCH:</b> Teriyaki Chicken White Rice Mixed Veggies Mandarin Oranges	<b>23 HOT LUNCH:</b> Beef Taco White Rice Toppings Churros	<b>24 HOT LUNCH:</b> Lasagna Caesar Salad Garlic Bread	25
26	<b>27 HOT LUNCH:</b> Fiesta Chicken Red Rice Lumpia Cucumber Salad	<b>28 HOT LUNCH:</b> Sloppy Joe French Fries Fruit Cocktail Cookie				

Menu subject to change due to ingredient availability.

**Note:** Harvest Christian Academy is NOT a nut-free or shellfish-free campus. While the majority of foods prepared in the cafeteria or H.U.B. do not contain nuts or seafood, there is the potential for cross contact and contamination. While Harvest Ministries' food service departments strive to identify ingredients that may cause allergic reactions, it cannot be guaranteed that every allergen in the food served will be identified and labeled.