



HCA Menu – August 2025

BREAKFAST ITEMS AVAILABLE EVERY DAY:

Breakfast Plate	\$4.00	Breakfast Bagel	\$4.00
Acai Cup	\$7.00	Cereal	\$2.00
Yogurt	\$2.00	HB Eggs	\$1.50
Pancake	\$2.00	Fruit	\$1.00

LUNCH ITEMS AVAILABLE EVERY DAY:

Hot Lunch-Set A	\$7.50	Deli Sandwich	\$6.00
K3-K5 Hot Lunch	\$5.00	Salad of the Day	\$5.00
Quick Lunch- Set B	\$6.00	Chicken Nuggets	\$3.50
Musubi	\$3.50	French Fries	\$3.00
Hotdog	\$3.50	Steamed Rice	\$2.00
		Fruit of the Day	\$5.00

DAILY BREAKFAST PLATES:

Monday – Fruit Pastry, Boiled Eggs, Sausage	\$4.00
Tuesday – Pancakes, Scrambled Eggs, Bacon	\$4.00
Wednesday – Fruit Pastry, Fried Eggs, Ham	\$4.00
Thursday – French Toast, Scrambled Eggs, Sausage	\$4.00
Friday – Fruit Pastry, Fried Eggs, Ham	\$4.00

QUICK LUNCH (Set B): Weekly Rotation

Monday – Yakisoba	\$6.00
Tuesday – Arroz Caldo (rice porridge) w/ Toppings	\$6.00
Wednesday – Build-an-Udon Bowl	\$6.00
Thursday – Build-a-Chili Bowl w/ Rice	\$6.00
Friday – Hand-made Pizza w/ Fries	\$6.00

DRINKS:

Boxed Juice/Milk	\$1.00
Bottled Water	\$1.00
Canned Juice/Tea/Coffee	\$1.50
Bottled Juice (Aloe, Coconut Water)	\$2.00
Energy (Gatorade, Vit. C)	\$3.00

SNACKS:

Sherbet Push Pop	\$2.00	Chips	\$1.50
Ice Cream Sandwich	\$3.00	Potato Stick Bowl	\$2.50
Ice Cream Cup	\$1.50		

NO ID CARD FEE \$0.50

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 <u>HOT LUNCH:</u> Fiesta Chicken Red Rice Cucumber Daigo Fruits	15 <u>HOT LUNCH:</u> Spaghetti Garlic Bread Italian Salad	16
17	18 <u>HOT LUNCH:</u> Chicken Adobo White Rice Lumpia Fruits	19 <u>HOT LUNCH:</u> Chicken Tenders White Rice Steam Broccoli Fruits	20 <u>HOT LUNCH:</u> Pork Teriyaki White Rice Steam Bok Choy Fruits	21 <u>HOT LUNCH:</u> Beef Curry White Rice Slice Potatoes Fruits	22 <u>HOT LUNCH:</u> Chicken Alfredo Caesar Salad Garlic Bread	23
24	25 <u>HOT LUNCH:</u> Fried Fish White Rice Coleslaw Fruits	26 <u>HOT LUNCH:</u> Sloppy Joe Cut Corn French Fries Ambrosia Salad	27 <u>HOT LUNCH:</u> Teriyaki Chicken White Rice Stir Fry Vegetables Fruits	28 <u>HOT LUNCH:</u> Taco Thursday Refried Beans Churros	29 <u>HOT LUNCH:</u> Lasagna Italian Salad Garlic Bread	30

Menu subject to change due to ingredient availability.

Note: Harvest Christian Academy is NOT a nut-free or shellfish-free campus. While the majority of foods prepared in the cafeteria or H.U.B. do not contain nuts or seafood, there is the potential for cross contact and contamination. While Harvest Ministries' food service departments strive to identify ingredients that may cause allergic reactions, it cannot be guaranteed that every allergen in the food served will be identified and labeled.