

HCA Menu – February 2025

| BREAKFAST ITEMS AVAILABLE EVERY DAY: | | | | |
|--------------------------------------|--------|---------|--------|--|
| Acai Cup | \$5.00 | Donut | \$1.00 | |
| Breakfast Sandwich | \$3.50 | HB Eggs | \$1.00 | |
| Cereal | \$2.00 | Fruit | \$1.00 | |
| Yogurt | \$2.00 | Oatmeal | \$1.00 | |
| Ramen | \$2.00 | | | |

| DAILY BREAKFAST PLATES: | |
|--|--------|
| Monday – Fruit Pastry, Boiled Eggs, Sausage | \$4.00 |
| Tuesday – Pancakes, Scrambled Eggs, Bacon | \$4.00 |
| Wednesday – Fruit Pastry, Fried Eggs, Ham | \$4.00 |
| Thursday – French Toast, Scrambled Eggs, Sausage | \$4.00 |
| Friday - Fruit Pastry, Hand-made Omelet, Ham | \$4.00 |

| DRINKS: | | | |
|-------------------------------------|--------|--|--|
| Boxed Juice/Milk | \$1.00 | | |
| Bottled Water | \$1.00 | | |
| Canned Juice/Tea/Coffee | | | |
| Bottled Juice (Aloe, Coconut Water) | | | |
| Energy (Gatorade, Vit. C) | | | |

| LUNCH ITEMS AVAILABLE EVERY DAY: | | | | |
|----------------------------------|--------|-----------------|--------|--|
| Hot Lunch-Set A | \$7.50 | Chicken Nuggets | \$3.50 | |
| K3-K5 Hot Lunch | \$5.00 | Hot Dog | \$3.50 | |
| Quick Lunch- Set B | \$6.00 | Musubi | \$3.50 | |
| Deli Sandwich | \$6.00 | French Fries | \$3.00 | |
| Chef's Salad | \$5.00 | Steamed Rice | \$2.00 | |

| QUICK LUNCH (Set B): Weekly Rotation | | | |
|--|--------|--|--|
| Monday – Yakisoba | \$6.00 | | |
| Tuesday – Grilled Cheese w/ Fries or Tomato Soup | \$6.00 | | |
| Wednesday - Build-an-Udon Bowl | | | |
| Thursday – Build-a-Chili Bowl w/ Rice | \$6.00 | | |
| Friday – Hand-made Pizza w/ Fries | \$6.00 | | |

| SNACKS: | | | | | |
|--------------------|--------|-------------------|--------|--|--|
| Sherbet Push Pop | \$1.00 | Chips | \$1.50 | | |
| Ice Cream Sandwich | \$2.50 | Potato Stick Bowl | \$3.00 | | |
| NO ID CARD FEE | | \$0.50 | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|---|---|----------|
| 2 | 3 HOT LUNCH: Chicken Adobo White Rice Lumpia Pineapple | 4 HOT LUNCH: Sloppy Joe French Fries Coleslaw Peaches | 5 HOT LUNCH: Teriyaki Chicken White Rice Stir-fry Veggies Fruit Cocktail | 6 HOT LUNCH: Beef Tacos White Rice Cadillac Beans Spanish Rolls | 7 HOT LUNCH: Spaghetti Garlic Bread Caesar Salad | 8 |
| 9 | 10 HOT LUNCH: Fresh Poke White Rice Edamame Fruit Cocktail | 11 HOT LUNCH: Roast Beef Mashed Potato Green Beans Dinner Roll | 12 HOT LUNCH: Beef Bulgogi White Rice Mixed Kimchi Fruit Cocktail | 13 HOT LUNCH: Fried Chicken White Rice Cadillac Beans Spanish Rolls | 14 HOT LUNCH: Lasagna Garlic Bread Caesar Salad Valentine's Cookies | 15 |
| 16 | NO SCHOOL Presidents' Day | 18 HOT LUNCH: Chicken Tenders White Rice Mixed Veggies Peaches | 19 HOT LUNCH: Beef n Broccoli White Rice Mixed Kimchi Fruit Cocktail | 20 HOT LUNCH: Pork Carnitas White Rice Cadillac Beans Spanish Rolls | 21 HOT LUNCH: Chicken Alfredo Garlic Bread Caesar Salad | 22 |
| 23 | 24 HOT LUNCH: Fiesta Chicken Red Rice Cucumber Salad Fruit Cocktail | 25 HOT LUNCH: BBQ Pork White Rice Coleslaw Mac & Cheese | 26 HOT LUNCH: Teriyaki Chicken White Rice Stir-fry Veggies Fruit Cocktail | 27 HOT LUNCH: Fried Fish White Rice Cadillac Beans Spanish Rolls | 28 HOT LUNCH: Cheesy Tortellini Garlic Bread Caesar Salad | |

Menu subject to change due to ingredient availability.

Note: Harvest Christian Academy is NOT a nut-free or shellfish-free campus. While the majority of foods prepared in the cafeteria or H.U.B. do not contain nuts or seafood, there is the potential for cross contact and contamination. While Harvest Ministries' food service departments strive to identify ingredients that may cause allergic reactions, it cannot be guaranteed that every allergen in the food served will be identified and labeled.