

HCA Menu – April 2024

BREAKFAST I	TEMS A	VAILABLE EVERY D	AY:
Breakfast Sandwich	\$3.50	Ramen	\$2.00
Fruit Smoothie	\$5.00	Cereal	\$1.00
Acai Cup	\$5.00	HB Eggs	\$1.00
Yogurt	\$2.00	Fruit	\$1.00
Donut	\$1.00	Oatmeal	\$1.00

DAILY BREAKFAST PLATES:	
Monday – Fruit Pastry, Boiled Eggs, Sausage	\$4.00
Tuesday – Pancakes, Scrambled Eggs, Bacon	\$4.00
Wednesday – Fruit Pastry, Fried Eggs, Ham	\$4.00
Thursday – French Toast, Scrambled Eggs, Sausage	\$4.00
Friday – Fruit Pastry, Hand-made Omelet, Ham	\$4.00

DRINKS:		
Boxed Juice/Milk	\$1.00	
Bottled Water	\$1.00	
Canned Juice/Tea/Coffee	\$1.50	
Bottled Juice (Aloe, Coconut Water)	\$2.00	
Energy (Gatorade, Vit. C)	\$3.00	

LUNCH IT	EMS AVAI	LABLE EVERY DA	Y:
Hot Lunch-Set A	\$7.00	Chef's Salad	\$5.00
K3-K5 Hot Lunch	\$5.00	Fruit Smoothie	\$5.00
Quick Lunch- Set B	\$5.00	Deli Sandwich	\$5.00
Chicken Nuggets	\$3.50	French Fries	\$2.00
Hotdog	\$3.50	Steamed Rice	\$1.00
Musubi	\$3.50		

QUICK LUNCH (Set B): Weekly Rotation	
Monday – Yakisoba	\$5.00
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Tuesday – Grilled Cheese w/ Fries or Tomato Soup	\$5.00
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Wednesday – Build-an-Udon Bowl	\$5.00
Thursday - Build-a-Chili Bowl w/ Rice	\$5.00
Thursday - Build-a-Chill Bowl W/ Nice	ψ5.00
Friday – Hand-made Pizza w/ Fries	\$5.00

SNACKS:				
Sherbet Push Pop	\$1.00	Chips	\$1.00	
Ice Cream Cup	\$1.50	Fig/Granola Bar	\$1.00	
Ice Cream Sandwich	\$2.50	Rice Krispies	\$1.00	
NO ID CARD FEE		\$0.50		

Lasagna

Caesar Salad

Garlic Bread

Sunday Tuesday Wednesday **Thursday Friday** Saturday **Monday** 2 HOT LUNCH: 4 HOT LUNCH: 5 **HOT LUNCH**: 6 1 HOT LUNCH: 3 HOT LUNCH: Chicken Adobo Roast Beef Teriyaki Chicken Spaghetti **Pork Carnitas** White Rice Mashed Potato White Rice Caesar Salad Spanish Rice Lumpia Grean Beans Stir-fry Veggies Garlic Bread Cadillac Beans Fruit Cocktail Pineapple Dinner Roll Churros 8 HOT LUNCH: 9 HOT LUNCH: 10 HOT LUNCH: 11 HOT LUNCH: 12 HOT LUNCH: 13 Fiesta Chicken Sloppy Joe Beef n' Broccoli Chicken Fajita Chicken Alfredo Red Rice French Fries White Rice Spanish Rice Caesar Salad Cucumber Salad Sunshine Jello Spring Roll Cadillac Beans Garlic Bread Lumpia Cookie Mandarin Oranges Churros 15 HOT LUNCH: 16 HOT LUNCH: 17 HOT LUNCH: 18 HOT LUNCH: 14 19 20 Chicken Pancit Chicken Tenders Sweet n' Beef Taco **NO SCHOOL** White Rice White Rice Sour Pork Spanish Rice Mixed Veggies White Rice Cadillac Beans Lumpia Teacher In-Service Peaches Spanish Rolls Spring Roll Churros Mango Tapioca 21 22 HOT LUNCH: 23 HOT LUNCH: 24 HOT LUNCH: 25 HOT LUNCH: 26 HOT LUNCH: 27

Teriyaki Chicken

Stir-fry Veggies

Fruit Cocktail

White Rice

Pork Carnitas

Spanish Rice

Churros

Cadillac Beans

Menu subject to change due to ingredient availability.

Cookie

Roast Beef

Dinner Roll

Sloppy Joe

French Fries

Sunshine Jello

Mashed Potato

30 HOT LUNCH:

Grean Beans

Chicken Adobo

29 HOT LUNCH:

Fiesta Chicken

Cucumber Salad

White Rice

Pineapple

Red Rice

Lumpia

Lumpia

28

Note: Harvest Christian Academy is NOT a nut-free or shellfish-free campus. While the majority of foods prepared in the cafeteria or H.U.B. do not contain nuts or seafood, there is the potential for cross contact and contamination. While Harvest Ministries' food service departments strive to identify ingredients that may cause allergic reactions, it cannot be guaranteed that every allergen in the food served will be identified and labeled.