



HCA Menu – January 2024

BREAKFAST ITEMS AVAILABLE EVERY DAY:

Breakfast Sandwich	\$3.50	Ramen	\$2.00
Fruit Smoothie	\$5.00	Cereal	\$1.00
Acai Cup	\$5.00	HB Eggs	\$1.00
Yogurt	\$2.00	Fruit	\$1.00
Donut	\$1.00	Oatmeal	\$1.00

LUNCH ITEMS AVAILABLE EVERY DAY:

Hot Lunch-Set A	\$7.00	Chef's Salad	\$5.00
K3-K5 Hot Lunch	\$5.00	Fruit Smoothie	\$5.00
Quick Lunch- Set B	\$5.00	Deli Sandwich	\$5.00
Chicken Nuggets	\$3.50	French Fries	\$2.00
Hotdog	\$3.50	Steamed Rice	\$1.00
Musubi	\$3.50		

DAILY BREAKFAST PLATES:

Monday	– Fruit Pastry, Boiled Eggs, Sausage	\$4.00
Tuesday	– Pancakes, Scrambled Eggs, Bacon	\$4.00
Wednesday	– Fruit Pastry, Fried Eggs, Ham	\$4.00
Thursday	– French Toast, Scrambled Eggs, Sausage	\$4.00
Friday	– Fruit Pastry, Hand-made Omelet, Ham	\$4.00

QUICK LUNCH (Set B): Weekly Rotation

Monday	– Yakisoba	\$5.00
Tuesday	– Grilled Cheese w/ Fries or Tomato Soup	\$5.00
Wednesday	– Build-an-Udon Bowl	\$5.00
Thursday	– Build-a-Chili Bowl w/ Rice	\$5.00
Friday	– Hand-made Pizza w/ Fries	\$5.00

DRINKS:

Boxed Juice/Milk	\$1.00
Bottled Water	\$1.00
Canned Juice/Tea/Coffee	\$1.50
Bottled Juice (Aloe, Coconut Water)	\$2.00
Energy (Gatorade, Vit. C)	\$3.00

SNACKS:

Sherbet Push Pop	\$1.00	Chips	\$1.00
Ice Cream Sandwich	\$2.00	Potato Stick Bowl	\$2.50

NO ID CARD FEE \$0.50

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Christmas Break – NO SCHOOL					
7	8	9	10 <u>HOT LUNCH:</u> Beef Bulgogi White Rice Kimchi Fruit Cocktail	11 <u>HOT LUNCH:</u> Chicken Asado Spanish Rice Cadillac Beans Churros	12 <u>HOT LUNCH:</u> Spaghetti Caesar Salad Garlic Bread	13
	Christmas Break – NO SCHOOL					
14	15 Martin Luther King Jr. Day NO SCHOOL	16 <u>HOT LUNCH:</u> Sloppy Joe French Fries Sunshine Jello Cookie	17 <u>HOT LUNCH:</u> Teriyaki Chicken White Rice Stir-fry Veggies Fruit Cocktail	18 <u>HOT LUNCH:</u> Beef Taco Spanish Rice Cadillac Beans Churros	19 <u>HOT LUNCH:</u> Lasagna Caesar Salad Garlic Bread	20
21	22 <u>HOT LUNCH:</u> Chicken Adobo White Rice Lumpia Pineapple	23 <u>HOT LUNCH:</u> Roast Beef Mashed Potato Green Beans Dinner Roll	24 <u>HOT LUNCH:</u> Sweet n' Sour Pork White Rice Spring Roll Mango Tapioca	25 <u>HOT LUNCH:</u> Pork Carnitas Spanish Rice Cadillac Beans Churros	26 <u>HOT LUNCH:</u> Chicken Alfredo Caesar Salad Garlic Bread	27
28	29 <u>HOT LUNCH:</u> Fiesta Chicken Red Rice Cucumber Salad Lumpia	30 <u>HOT LUNCH:</u> Chicken Tenders White Rice Mixed Veggies Peaches	31 <u>HOT LUNCH:</u> Beef n' Broccoli White Rice Spring Roll Mandarin Oranges			

Menu subject to change due to ingredient availability.

Note: Harvest Christian Academy is NOT a nut-free or shellfish-free campus. While the majority of foods prepared in the cafeteria or H.U.B. do not contain nuts or seafood, there is the potential for cross contact and contamination. While Harvest Ministries' food service departments strive to identify ingredients that may cause allergic reactions, it cannot be guaranteed that every allergen in the food served will be identified and labeled.